

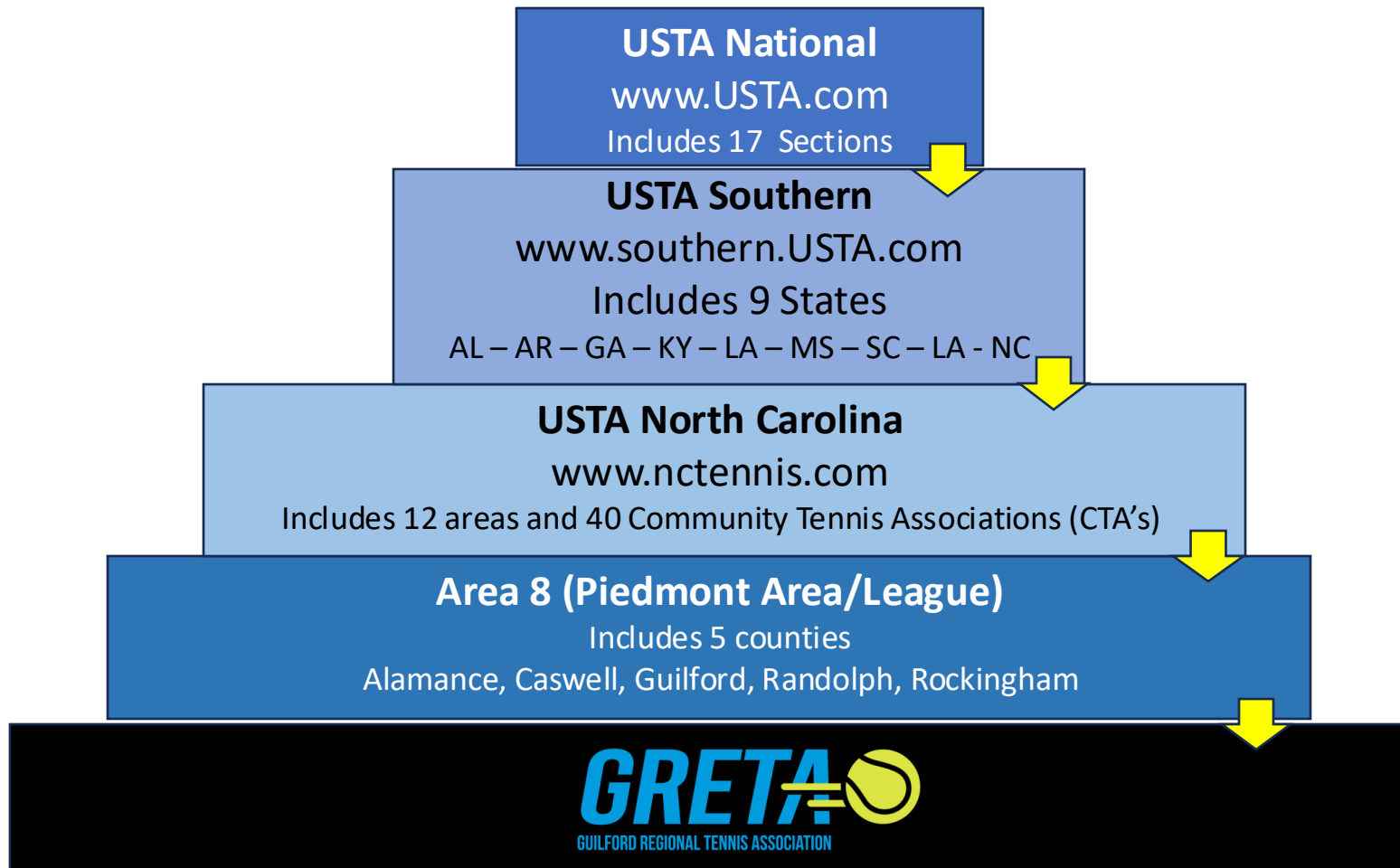


Thank you for joining – the meeting will start shortly.

Welcome to Captaining a Team

How does this all work...

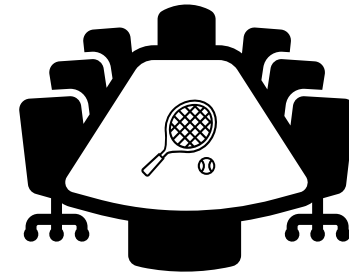
The USTA is the **national governing body for the sport of tennis** and the leader in promoting and developing the sport's growth on every level in the United States, from local communities to the US Open.



League questions and assistance should be directed to the Local League Coordinator
susan@gretanc.com



2025 BOARD of DIRECTORS

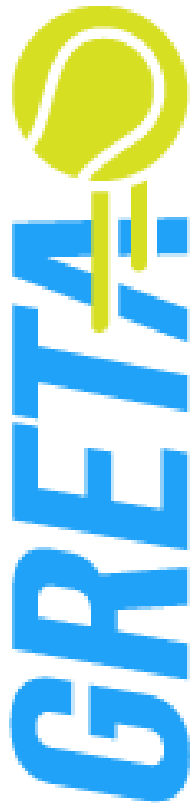


Executive Board

- Ziad Fleihan – President
- Neal Dorman – Treasurer
- Deirdre Hjelt - Secretary

Board Members

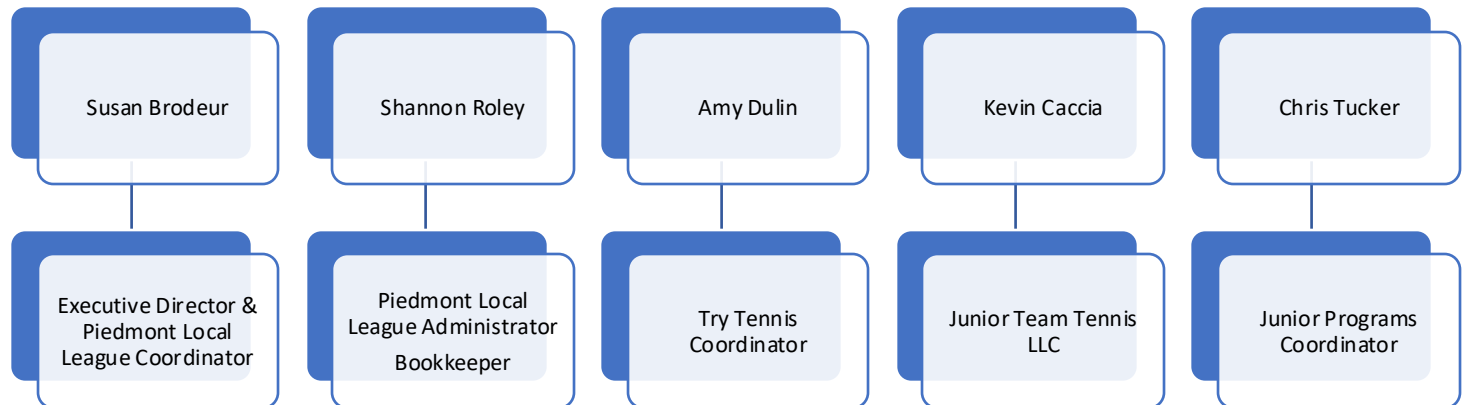
- Rebekah East – Adult Programming (Adult League Committee Chair)
- Ashley Xu – Junior Programming (Programs Committee Chair)
- Kelly Hahn – Fundraising
- Diane Majestic – Tournaments & Events
- Vickie Degges – Member at Large
- Charles Calkins – Legal Counsel
- Kevin Caccia – Pro/Facilities Liaison



What we do...

USTA Leagues • GRETA Leagues (Summer DAZE Doubles, Fall Singles, Racquets & Jackets) • Aces & Ale Bar League • Find a Team/Player Program • Try Tennis Clinics • Host USTA Mixed Championships • Junior Team Tennis • Junior Leagues, Clinics & Programs • Court Advocacy • Adaptive Clinics • CAST (Para-Standing Adaptive Tournament) • Support Abilities Tennis Programming • Y'ALL League (Young Adults) • New play opportunities and MORE!

We're here to help!



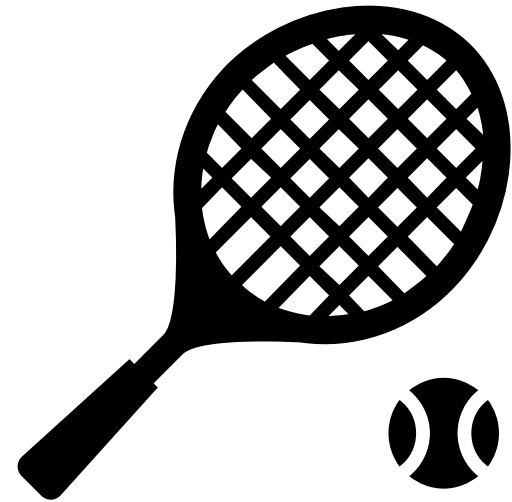
An overhead view of two tennis players in white shirts shaking hands over a black net on a blue tennis court. The court has white boundary lines. The background is a light blue gradient.

THANK YOU FOR BEING A CAPTAIN!

- As a Captain, you are helping others enjoy the thrill of the game, find lifetime friends and stay active.
- Together you form a large group of volunteers to LEAD the Piedmont Leagues tennis community.

Captains Duties!

- **READ REGULATIONS**
- REVIEW the Captains Pack Email
- VISIT the Captains/Players Resources page
- COLLECT Player Availability
- PLAN AHEAD... review schedule when posted.
- Make sure you have enough players to field ALL lines for every match.
- Create the lineup for each match
- Remind your players (group email and text)...
- Enter scores within 48 hours of completing match (either captain can enter scores)
- Coordinator with other captain for any inclement weather makeups.



- **Let's Stay in Touch!**

- Keep an eye on your inbox
- Captains Bulletin - things you **NEED TO KNOW**



These emails are **MUST READ!**



Captains Pack Email



The screenshot shows an email header with the GRETA logo (Gulfport Regional Tennis Association) and the USTA LEAGUE CAPTAINS logo. The main title is "USTA Adult League (spring) 2025". Below this is a section titled "The Things YOU NEED TO KNOW" which is divided into two columns: "REGULATIONS & GUIDELINES" and "HELPFUL GUIDES/INFO". The "REGULATIONS & GUIDELINES" column lists links for 2025 Piedmont Local League REGULATIONS, 2025 National/Southern/North Carolina Regulations, Friend at Court 2025, Coman Tie Break Guidelines, and Local/State Refund Policy. The "HELPFUL GUIDES/INFO" column lists links for Match Site Information List, Finding Captain Contact Information, HOW TO View Teams Schedule, HOW TO Enter Scores, How are Standings Determined, State Championships, and New Captain Info Sheet. Below these columns is a "LEAGUE SCHEDULES" section with three bullet points: LOCAL LEAGUE SCHEDULES, HOW DO I VIEW MY SCHEDULE, and CHECK YOUR SCHEDULES. At the bottom of the email is an orange banner with the text "What SHOULD I BE DOING now?".

GRETA
GULFPORT REGIONAL TENNIS ASSOCIATION

USTA LEAGUE CAPTAINS

USTA Adult League (spring) 2025

The Things YOU NEED TO KNOW

REGULATIONS & GUIDELINES

- [2025 Piedmont Local League REGULATIONS](#)
- [2025 National/Southern/North Carolina Regulations](#)
- [Friend at Court 2025](#)
- [Coman Tie Break Guidelines](#)
- [Local/State Refund Policy](#)

[More Info →](#)

HELPFUL GUIDES/INFO

- [Match Site Information List](#)
- [Finding Captain Contact Information](#)
- [HOW TO View Teams Schedule](#)
- [HOW TO Enter Scores](#)
- [How are Standings Determined](#)
- [State Championships](#)
- [New Captain Info Sheet](#)

[More Info →](#)

LEAGUE SCHEDULES →

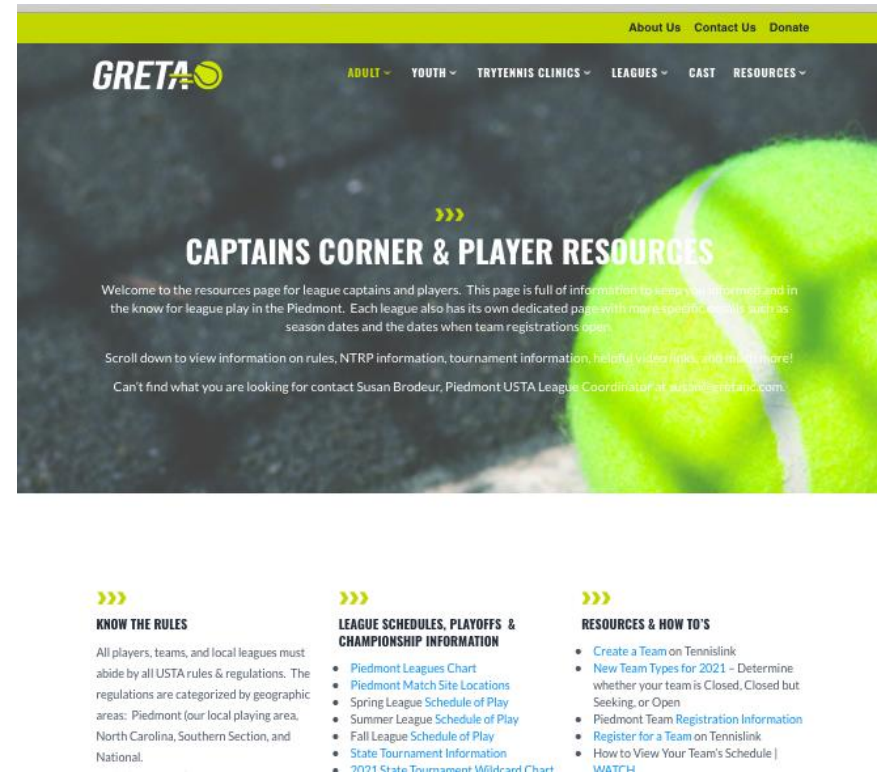
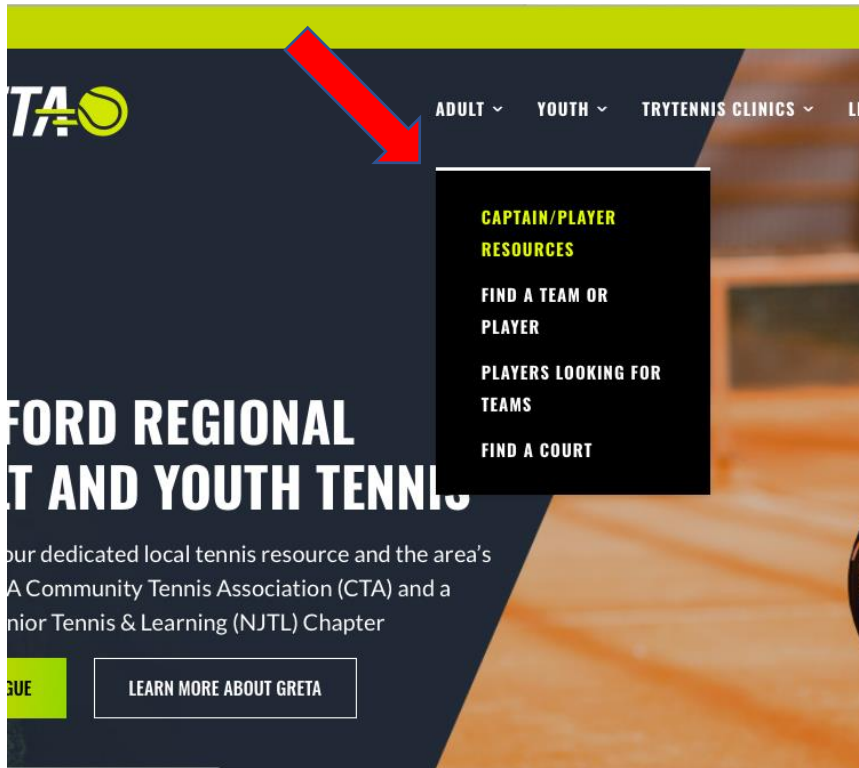
- **LOCAL LEAGUE SCHEDULES** - The league scheduling is in process but takes a significant amount of time to complete and confirm with all sites prior to publishing. Schedules will be published later in February and captains will receive a CAPTAINS BULLETIN notification.
- **HOW DO I VIEW MY SCHEDULE** - check out this video for a quick "how to"
- **CHECK YOUR SCHEDULES** - review ALL dates as soon as schedules are published! Please make note of any matches scheduled on potential conflict dates and/or potential weekend matches. Sometimes in order to complete a league schedule in the time required to report advancing teams, a weekend matches is necessary. PLAN AHEAD!

What SHOULD I BE DOING now?

- Links to Regulations
- Friend at Court and The Code
- Coman Tie Break Procedure
- Piedmont Match Sites Contact List
- State Championships
- Final Standings Information
- How to contact other captains
- How to correct a score entry
- Can you still add a player?
- Can one of my players get a refund?
- AND MORE



Captains Corner/Player Resources Page



<https://www.gretanc.com/captain-player-resources/>



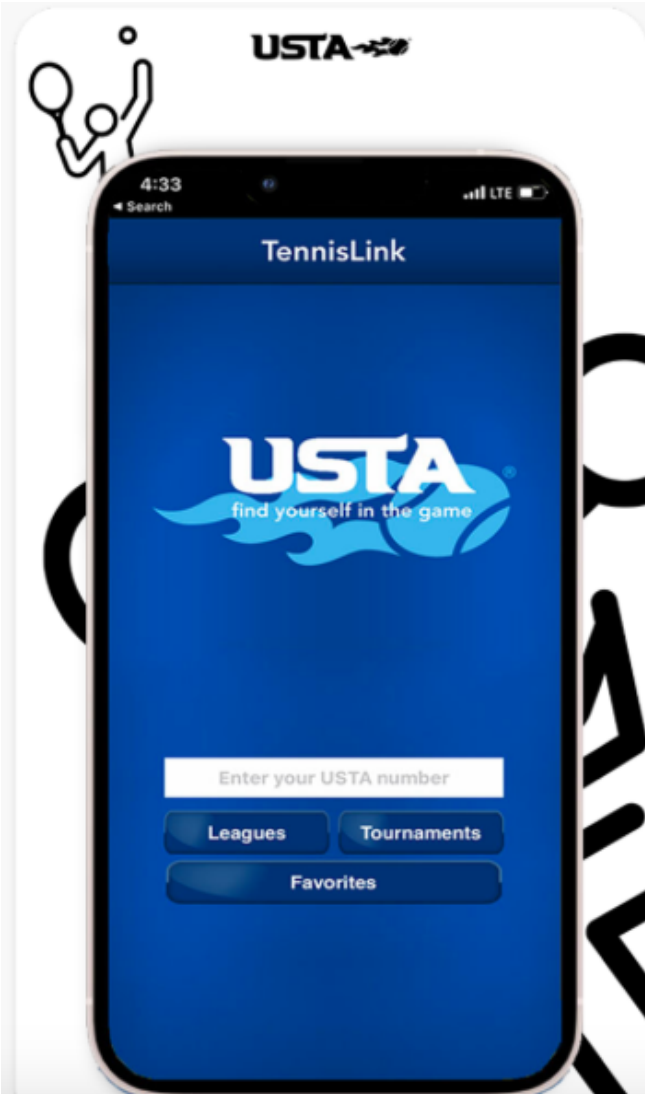
CHECK YOUR SCHEDULES & PLAN AHEAD!

- Weekend matches and potential holidays
- Match start times – this varies from facility to facility
- Confirm facility and address in TENNISLINK

Thoroughly review schedule prior to the season and be prepared!

Plan ahead...

Using the USTA App...



USTA is now Tennis Link

Get in the game with the TennisLink app - the app to find, view and manage your tennis teams. Experience USTA League on the go with these TennisLink app features:

HEALTH BENEFITS OF TENNIS



VIEW YOUR USTA LEAGUE SCHEDULES, STANDINGS AND STATS



CHECK YOUR LATEST USTA NTRP RATING



REPORT LEAGUE SCORES FROM YOUR MATCHES



SCOUT AND REVIEW PLAYER RECORDS



REVIEW THE LOCATION OF YOUR TEAM'S MATCH



DOWNLOAD THE APP. GET IN THE GAME.



TennisLink is the official system for USTA Adult Leagues

Player Roster • Match Schedule • Captains Contact Info • League Standing and MORE

<http://Tennislink.usta.com/Leagues>

Under “My Teams” click on your TEAM NAME

Click on the various tabs to view – MATCH SCHEDULE, CAPTAINS REPORT, TEAM ROSTER, etc.

The screenshot displays the USTA League website interface. At the top, there are navigation tabs: **USTA LEAGUE**, **TOURNAMENTS**, **JUNIOR TEAM TENNIS**, and **USTA FLEX LEAGUES**. Below these are **MY TENNIS** and **LOGOUT** tabs. The main content area includes a user profile for Susan Brodeur, NTRP Level 3.0, and a list of search options like **REGISTER WITH A Team?**, **Find NTRP Rating Info**, and **Stats and Standings**. A red arrow points to the **My Teams** tab, which is active and shows a list of teams for 2024, including **Ysidron 3.0W 40s Mon PM** and **Hicks-Walker 3.0W 55s Thurs PM**. Another red arrow points to the **Help Center** link in the right sidebar.

TennisLink is the official system for USTA Adult Leagues

Player Roster • Match Schedule • Captains Contact Info • League Standing and MORE

<http://Tennislink.usta.com/Leagues>

Under “My Teams” click on your TEAM NAME

Click on the various tabs to view – MATCH SCHEDULE, CAPTAINS REPORT, TEAM ROSTER, etc.

Team: Williams 40s 3.5M Tues PM Link to this Page

Follow This Team | Send to Excel | Print Report

Section USTA/SOUTHERN	District/Area NORTH CAROLINA - NC - PIEDMONT (GSO/HP)	League 2025 Piedmont USTA 40 & Over	Flight/SubFlight WOMEN 3.5 40 & Over / 3.5 W 40 & Over Tues PM A
Captain [REDACTED]	Co-Captain	Facility Pinetop Sport Club 3723 Pinetop Rd Greensboro NC 27410	League Date 02/28/2025 - 05/26/2025

Admin's Message
Captain's Message

Team Summary | Match Summary | Match Schedule | Player Roster | Captain's Report

Team Standings

Match Win Criteria: Team Wins

* Calculation of game-winning percentage does not include defaulted matches.

Team Name	Wins*	Losses	Indiv. Wins	Indiv. Losses	Sets Won	Sets Lost	Games Won	Games Lost	* Games Won %
Williams 40s 3.5M Tues PM	0	0	0	0	0	0	0	0	0.00%

Team Summary | Match Summary | Match Schedule | Player Roster | **Captain's Report**

Team Captains by Team Report As of 02/14/2025 10:32 AM

Team Captain Report

USTA/SOUTHERN / NORTH CAROLINA / NC - PIEDMONT (GSO/HP)
Adult 40&Over / 2025 Piedmont USTA 40 & Over

WOMEN 3.5 40 & Over - 21 Teams
3.5 W 40 & Over Day Thurs AM - 6 Teams

Williams 40s 3.5M Tues PM	48	[REDACTED]
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2025 USTA PIEDMONT LEAGUE REGULATIONS

USTA Adult League • USTA Mixed Doubles • Southern Combo Doubles • Southern Tri-Level • NCTA Singles Leagues

Play is governed by THE RULES OF TENNIS in The Friend at Court, The Code, the USTA League Tennis National Regulations, STA Regulations and NCTA Regulations.

The Piedmont NC Local League Regulations are subject to the governing bodies of the United States Tennis Association (USTA), Southern Tennis Association (STA), North Carolina Tennis Association (NCTA), and the local Piedmont NC CTA (currently known as GRETA, Guilford Regional Tennis Association). Only the Piedmont Local League Coordinator, in conjunction with the NC Director of Adult Leagues, shall have the authority to interpret these regulations.

- Refer to the USTA League National, Southern and NC Regulations to review summary of the major regulation changes for 2025.
- Changes highlighted in **yellow** in these regulations are changes made at the local, state, section and/or national level.

League Fee and USTA Membership

- Local Piedmont League fees are \$23.00 (plus \$3.15 non-refundable Tennislink registration processing fee = \$26.15) unless otherwise designated.
- All players must be current members of the USTA through the respective league seasons.
- Renewals are not allowed during the local league season.
- If the player's team progresses to a championship, the player's membership must be current through the championship.
- Tennislink will be used to register teams online, view schedules, report scores and view results and standings.

Refunds

- [Click here](#) for GRETA Piedmont League Refund Policy.

Number of Players

League	Season	Minimum Number	Maximum Number
USTA League 18 & over (3.0, 3.5, 4.0, 4.5)	Winter/Spring	6	15
USTA League 18 & over (2.5, 3.0, 3.5)	Winter/Spring	5	15
USTA League 40 & over (3.0, 3.5, 4.0, 4.5)	Winter/Spring	9	17
USTA League 40 & over (2.5 women, 3.0)	Winter/Spring	6	15
USTA League 55 & over	Winter/Spring	6	17
USTA League 65 & over	Winter/Spring	6	17
USTA League Mixed Doubles (All)	Spring/Summer	6*	15
USTA NC Singles League (All)	Spring/Summer	3	9
USTA Southern Tri-Level Leagues (All)	Spring/Summer	6*	15
USTA Southern Combo Doubles League (All)	Summer/Fall	6*	15

*Those 6 players must be able to combine to form 3 eligible doubles team.

Number of Teams

- A local league shall consist of a minimum of 2 teams at a specific level of competition. Advancement to a State Championship is not permitted if this requirement is not met, except for the following:

LEAGUE	Levels permitted to advance to State Championships if they are the only local team
	18 & over 2.5 (Men) and 3.5 40 & over 2.5 and 3.0
USTA League Adult	All 65 & over teams
USTA League Mixed Doubles	All 55 & over and 65 & Over teams
Southern Combo Doubles	All 55 & over and 65 & Over teams, 18 & over 2.5, 3.5, and 4.5 teams, 40 & Over 3.5 and 4.5 teams
NCTA Singles	All Levels
Southern Tri-Level	All Levels

PIEDMONT USTA Local League Regulations

- In order for a match to be valid, a majority of courts must be plays.
 - 2 out of 3 for 3 court match
 - 3 out of 5 for 5 court match
- To win a team match, a team must win majority of the individual courts.

EXAMPLE of **INVALID** MATCH

3 court match: Teams play 1 court, Team A defaults 1 court and Team B defaults 1 court

- Coaching is not allowed. Spectators may not assist in line calls, score disputes, or any other calls. Applaud appropriately.
- The only time a player may leave the court is to:
 - Take a bona fide restroom visit (a restroom break is permissible at any time but preferably should take place on an odd game change-over or between sets).
 - Fix an item of clothing necessary to play (you may not leave the court to get a racquet).
 - Get water (please plan and take water with you before the match begins).
- Cell Phones should be silenced during league play. A player whose phone rings while a point is in progress will be warned that if it happens again, the opponent can claim the point. It is legal to play a let if the ringing of the phone interferes with the play; however, the owner of the phone may not claim a let.

Rescheduling:

- ➔ • In support of local play opportunity, and to avoid team defaults, if both captains agree in advance, they may reschedule a match that conflicts with a holiday or for any other reason, provided the match is completed and scores are entered in TennisLink before or by the original match date.
- ➔ • Once a day, time, and location for a makeup/rescheduled match have been agreed upon by the parties involved, that match may not be postponed, for any reason other than inclement weather.
- Captains are responsible for canceling the originally scheduled courts and for reserving courts for the rescheduled time.



Default Procedures:

- The default time is 15-minutes. Captains are NOT to waive this rule and are responsible for following these procedures.
- If a player has not arrived at the **start of the match** (the scheduled match time) the captains should synchronize their watches and time the forfeit.
- The start of the team match is defined as the scheduled time. (The clock may not begin until a court is available for the team's first match.)
- The default time should be announced to all players by the captains at the beginning of the team match.
- If a player does not arrive on the court, ready to play, within the 15-minute default time, the match is a default and should be declared as such by the players or captain if available.
- The court assigned for this match may be used but should be made available for the next scheduled match (i.e. 6:00pm match = forfeit, court must be made available for the 7:30pm match to follow).

A player is late... now what?

Preferred!

Captains can agree to exchange scorecards and begin play with the lineups as-is per the USTA Q&A Interpretations. Default rules will apply

Wait until the missing player is on site and ready to play (prior to the 15-minute default time). At the default time, if the player is still not on site and ready to play, the missing player would be moved to a default-able court (see chart below: Courts to be Defaulted First), scorecards would then be exchanged, and play would begin.

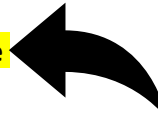
Substitute a missing player with an eligible player that is on site and ready to play but is not listed on the original scorecard. Substitutions must be made prior to the 15-minute default time and can only be exchanged for the missing player in the original lineup.

- Once scorecards have been exchanged, no substitutions may be made except in accordance with the following USTA rule:
 - Prior to the start of an individual match, if injury to, illness, disqualification or no-show of a player occurs, the affected team may substitute a player who is immediately ready to play and not listed on the scorecard and may adjust their lineup at the affected position only. The substituted player is entitled to a 5-minute warm up. If no substitution is made within the 15-minute default period, the default will be awarded at that position.

This also applies to makeup matches

Completing the Match:

- After the start of an individual match, if injury to or illness to a player occurs, the opponents will be awarded **retirement** for that match only.
- Captains/players are strongly advised to **confirm scores** with one another at the conclusion of the match to avoid confusion with incorrect score entry.
- One team captain will **report scores** online (this may be either captain), the other captain is to **confirm the scores**.
- Scores must be posted and verified within **48 hours** of the completion of the match, or the LLC has the right to default both teams. Players are strongly advised to confirm scores and player full names with one another at the conclusion of the match to avoid confusion with incorrect score entry.
- To request a **score correction**, captains must contact the LLC and provide the following: 1) Match number 2) correction to be made and 3) include the opposing captain on the email request to confirm teams agree.
- TennisLink will automatically confirm posted scores that have not been verified within 48 hours of the match.
- **Disputes on entered match scores must be made before that team's next scheduled match.**
 - **If disputing a match score entry, captains need to email LLC with the information they are disputing.**



- RETIREMENTS
- CONFIRM SCORES & FULL NAMES
- REPORT or CONFIRM SCORES
- SCORE CORRECTIONS
- DISPUTING A MATCH ENTRY



DEFAULTING MATCHES

By joining the GRETA Piedmont League, a team is making a commitment to play every match.



Team Defaults

- If a team defaults one entire team match during round robin play, then all matches the defaulting team played will be null and void when determining standings if it has been determined by the local league coordinator that the defaults have affected the local league standings as far as team advancement to State Championships. However, if all teams in contention for the advancement have played the defaulting team in good faith, those matches stand as played.
- If a team shows up without the minimum number of players required for a team match to be valid based on the number of players present, or to be present, it will be a full team default in favor of the opponents. Please refer to the National Regulation 2.01C(2) on Scoring of Team Defaults.
 - **1 Team Default:** At the end of the season, standing will be evaluated to see if the full team default influenced the final standings. **If the final standings were affected, all the matches of the defaulting team will be removed from the standings** (only the effected round, if more than one round robin) and the final standings will be recalculated. If neither team in contention received a full team default, the standings will stand. The defaulting team may be subject to a grievance. A defaulting team cannot benefit from their full team default.
 - **2 Team Defaults:** If a team defaults 2 full team matches, all their matches played or to be played **may** be ruled null and void. Matches played will count for NTRP ratings and advancement purposes but will not be used to determine the final standings. **The defaulting team may be subject to a grievance.**



DETERMINING TEAM STANDINGS

The league standings are determined by:

1. Team Wins
2. Individual Matches Won
3. Head-to-Head
4. Least Sets Lost
5. Least Games Lost

At end of season, if teams are tied for 1st place:

1. Winner of the most individual matches (courts)
2. Winner of head-to-head match
3. Loser of fewest sets
4. Loser of fewest number of games
5. Toss of a coin



Team Management Tool

The screenshot shows a Safari browser window displaying the USTA Team Management Tool. The browser's address bar shows the URL <https://tennislink.usta.com/Leagues/TeamManagement/TM.aspx#/TeamDetails>. The page features the USTA logo and navigation links for 'LEAGUES' and 'MY TENNIS'. The main content area is titled 'Team Details' and includes a dropdown menu for the team name: '2024 - Ysidron 3.0W 40s Mon PM - 2024 Piedmont USTA 40 & Over WOMEN 3.0 40 & Over'. Below this, the 'Captain' is listed as Deborah Ysidron (nordisyl@gmail.com, 2602233045) and the 'Co-Captain(s)' are listed as 'Unassigned'. There are also buttons for 'Availability' and 'Preferences'. The 'Matches' section shows 'No Matches.' and the 'Standings' section shows a table with columns for Team, Wins, and Losses. The macOS dock at the bottom contains various application icons, including Safari, Photos, System Settings, Spotlight, Music, App Store, Microsoft Excel, Microsoft Word, Microsoft PowerPoint, Microsoft Outlook, Microsoft OneNote, Messages, WhatsApp, Adobe Acrobat, Mail, and a trash can.

USTA LEAGUES MY TENNIS

Team Details

Team
2024 - Ysidron 3.0W 40s Mon PM - 2024 Piedmont USTA 40 & Over WOMEN 3.0 40 & Over

Captain
Deborah Ysidron
nordisyl@gmail.com
2602233045

Co-Captain(s)
Unassigned

Availability **Preferences**

Matches
No Matches.

Standings

Team	Wins	Losses
Hanson 3.0W 40s Mon PM	0	0
Bushnell 3.0W 40s Mon PM	0	0
Cathey/Pitts 3.0W 40s Mon PM	0	0
Ysidron 3.0W 40s Mon PM	0	0

HOW TO in TENNISLINK

PRINT SCORECARD

To print the match scorecard:

1. Login to TennisLink
2. Scroll down and Click on team name
3. Hover over the match date to left of match listing.
4. Choose ***PRINT A BLANK SCORECARD***

As players finish their individual matches, write down the scores. Once all the courts have finished, confirm scores with the opposing captain. Either captain can enter the scores into TennisLink.

ENTERING SCORES

Using the same steps as you did to print a scorecard, hover over the match date and choose ***ENTER SCORES***. If the other captain has entered scores, you will use the same steps and choose ***CONFIRM SCORES*** option.

CORRECTING AN ENTRY ERROR

If an error is found... email susan@gretanc.com with the following.

1. Match Number
2. Complete information on what needs to be corrected
3. Include the other captain on the email to verify that both are in agreement.



It's Match Day...

- **Balls:** Home team as indicated on schedule brings new can of balls for each court
- **Before each match**
 - Confirm with players - match site and time, and if they are to bring balls
 - Print & complete your team's scorecard (or designate acting captain)
 - **USE FIRST AND LAST NAMES**
 - Collect team court fees and pay site PRIOR to the start of the match.
 - Turn in line-up to site facilitator if applicable.
 - At other sites captains swap scorecards, completing other side of scorecard simultaneously
- **Arriving for a match**
 - Be sure your players are aware of the **15-minute Default Rule**
- **After match**
 - Write in scores on scorecard
 - Confirm scores and player names with opposing team players and captain
- **If your match is rained out**
 - Contact the opposing captain and make a plan to get courts rescheduled
 - Courts may be made up individually
 - Matches **MUST** be made up within 14 days of ORIGINAL match date
 - Teams may play indoors as long as BOTH teams agree - Indoor court fees apply

A photograph of two individuals operating floor scrubbers on a wet tennis court. The court surface is dark and reflective, with white lines visible. A chain-link fence is in the background. The text '14 days (does not reset)' is overlaid in a blue, dotted font.

14 days (does not reset)

- **INCLEMENT WEATHER/MATCH MAKE-UPS** – Our local regulations require matches be completed and entered into Tennislink with 14 days of original match date. This regulation is helpful in giving captains a timeline to work with and eliminates the issue of matches being left to the end of the season and teams watching the standings.

View [a completed scorecard](#) – This example shows how to record different scores, including a set & match tiebreak, and a default.

Watch a YouTube video on [how to record scores on TennisLink](#)

- Match #
- Winners Prospective
- Tie break entry
- Default Entry
- Team Rosters

Flight Summer Daze 2.5 Women Night

USTA Section USTA/SOUTHERN

District/Area NORTH CAROLINA - NC - PIEDMONT (GSO/HP)

League 2021 Piedmont Summer Daze Doubles

Match #1008392361

Queens of the Court Vs. Miss Hits

Team ID: 703962 Team ID: 703962

Date Scheduled: 5/25/2021 6:00 PM

Match Win Criteria: Team Wins

Home Team Visiting Team

1 Doubles Scoring Format: 3rd Set Tie Break

Name	Score
Jane Doe	6 - 4
Sue Johnson	6 - 4
Ann Smith	5 - 7
Tami Clark	5 - 7
Winner	1 - 0

2 Doubles Scoring Format: 3rd Set Tie Break

Name	Score
Bev Moore	6 - 2
Fran Thompson	6 - 2
Connie Davis	6 - 4
Grace Jones	6 - 4
Winner	1 - 0

3 Scoring Format: 3rd Set Tie Break

Name	Score
Donna Anderson	6 - 0
Default	6 - 0
Emily Edwards	6 - 0
Default	6 - 0
Winner	1 - 0

the Court Members in Home Team:

(1) [Redacted] (2) [Redacted] (3) [Redacted] (4) [Redacted] (5) [Redacted] (6) [Redacted] (7) [Redacted] (8) [Redacted] (9) [Redacted] (10) [Redacted] (11) [Redacted] (12) [Redacted] (13) [Redacted] (14) [Redacted] (15) [Redacted] (16) [Redacted] (17) [Redacted] (18) [Redacted] (19) [Redacted] (20) [Redacted] (21) [Redacted] (22) [Redacted] (23) [Redacted] (24) [Redacted] (25) [Redacted] (26) [Redacted] (27) [Redacted] (28) [Redacted] (29) [Redacted] (30) [Redacted] (31) [Redacted] (32) [Redacted] (33) [Redacted] (34) [Redacted] (35) [Redacted] (36) [Redacted] (37) [Redacted] (38) [Redacted] (39) [Redacted] (40) [Redacted] (41) [Redacted] (42) [Redacted] (43) [Redacted] (44) [Redacted] (45) [Redacted] (46) [Redacted] (47) [Redacted] (48) [Redacted] (49) [Redacted] (50) [Redacted] (51) [Redacted] (52) [Redacted] (53) [Redacted] (54) [Redacted] (55) [Redacted] (56) [Redacted] (57) [Redacted] (58) [Redacted] (59) [Redacted] (60) [Redacted] (61) [Redacted] (62) [Redacted] (63) [Redacted] (64) [Redacted] (65) [Redacted] (66) [Redacted] (67) [Redacted] (68) [Redacted] (69) [Redacted] (70) [Redacted] (71) [Redacted] (72) [Redacted] (73) [Redacted] (74) [Redacted] (75) [Redacted] (76) [Redacted] (77) [Redacted] (78) [Redacted] (79) [Redacted] (80) [Redacted] (81) [Redacted] (82) [Redacted] (83) [Redacted] (84) [Redacted] (85) [Redacted] (86) [Redacted] (87) [Redacted] (88) [Redacted] (89) [Redacted] (90) [Redacted] (91) [Redacted] (92) [Redacted] (93) [Redacted] (94) [Redacted] (95) [Redacted] (96) [Redacted] (97) [Redacted] (98) [Redacted] (99) [Redacted] (100) [Redacted]

Miss Hits Members in Visiting Team:

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PLAYOFFS

- Leagues with multiple flights will have playoff matches at the end of the season to determine which team will advance to State Championship.
- The schedule of playoff matches will be prepared after league schedules are completed and you will receive an email with the information.
- **Sub-Flight Playoffs / Partial Round Robin**

REGULATION:

League Play

1. *Each NTRP level within the local league **may** play at least one full round robin where each team will play every other team.*
 - a. *Where flights play a full round robin, the first-place team will advance to la local playoff if another flight exists (i.e., between a night and day flight) or to State Championships if no other sub-flights.*
 - b. *Where flights play a partial round robin, as each team may not play each team the same number of times, the 1st and 2nd place team will play a sub-flight playoff to determine the winner of that flight.*

AGE DIVISION	DATES	LOCATION	LOCAL MATCHES REQUIRED
65 & over	May 16-18	Greenville	1
55 & over	May 30-June 1	Asheville	2
40 & over WOMEN	June 19-22	Winston Salem	2
40 & over MEN	June 19-22	Hickory	2
18 & over	June 12-15	Lake Norman	2



League Championships

- If a team has 4 or more players (3 for Tri-Level and Singles League matches) who are playing or working at a League Championship at either the North Carolina State, Southern Section or National Levels and have a team match in conflict of these events then they can reschedule the match either by playing before the scheduled date or within 2 weeks after the scheduled match (as long as the makeup match occurs within the league season dates and prior to any scheduled local playoffs for that flight). They must notify the other team captain and the LLC of the conflict no later than one week before the scheduled match and work with both parties to reschedule the match within the above-mentioned timeframe. If a team has 4 or more players with a Piedmont local playoff match in conflict with the championships, the playoff match may only be rescheduled if the players are competing at the state, section or national level representing a Piedmont team.



Friend at Court 2024

KNOW THE RULES

- The USTA Handbook of Tennis Rules and Regulations has the title "Friend At Court". This document is all inclusive consisting of 344 pages. The book contains the:
 - * ITF Rules of Tennis;
 - * USTA Regulations;
 - * The Code;
 - * ITA rules and regulations;
 - * Glossary of terms commonly used in tennis.

FRIEND AT COURT

THE HANDBOOK
of TENNIS RULES *and*
REGULATIONS

2024 EDITION



THE CODE

The code is a summary of procedures and unwritten rules that custom, and tradition dictate all players should follow.

- **Courtesy is expected.**
- **All points played in good faith stand.** For example, if a point is played from the wrong court, there is no replay. Corrective action may be taken after the point is completed.
- **Partners' disagreement on calls.** If one partner calls the ball out and the other partner sees the ball good, the ball is good.
- **Player makes calls on own side of net.**
- Opponent gets the benefit of the doubt.
- **Ball touching any part of the line is good.** Any ball that cannot be called out is good.
- Either partner may make calls in doubles. The call of a player looking down a line is more accurate than a player looking across a line.
- **Spectators never make calls.**
- If partners disagree on a call, resolve it in favor of the opponents.
- Let called when ball rolls on court. When a ball from another court enters the playing area, **any player on the court affected may call a let.**
- A player who calls a ball out shall reverse the call **if the player becomes uncertain or realizes that the ball was good.** The point goes to the opponent and is not replayed. However, when a receiver reverses a fault call on a serve that hit the net, the server is entitled to two serves.
- **Retrieving stray balls.** Each player is responsible for removing stray balls and other objects from the player's end of the court. Whenever a ball is not in play, a player must honor an opponent's request to remove a ball from the court or from an area outside the court that is reasonably close to the lines. A player shall not go behind an adjacent court to retrieve a ball or ask a player on an adjacent court to return a ball while a point is in play.





10 RULES

PLAYERS SHOULD KNOW

1. Can I call a double bounce on my opponent?

No. You are not allowed to make the call. Your opponent determines whether they got to the ball on one bounce or not.

2. Can I call a foot fault on my opponent?

No-ish. Only after all reasonable efforts, such as a warning and attempting to get an official, have failed.

3. If the ball is flying out, can I catch it or stop it before it bounces?

No. You will lose the point if you catch it/stop it before it bounces.

4. I served first in the set tiebreak, who starts the next set?

Your opponent. The other player or double team will serve the first game of the following set.

5. If a racket is dropped or a shoe comes off, can I call a let?

No. These are not reasons for any player to claim a let. Play on!

6. If my serve hits my opponent before it bounces do I win the point?

Yes. You also win the point if a ball is flying out of bounds but a player gets hit before it lands out.

7. If I win the toss/racket spin what are my choices?

Three choices: Serve or receive, side of the court, or ask your opponent to choose (defer).

8. If I am not sure if the ball is in or out, can I replay the point?

No. Any ball that cannot be called out is good. You should always give your opponent the benefit of any doubt.

9. My opponent's grunting is bothering me. Can I call a let?

No. Only an official may rule that these actions are hindrances.

10. When am I allowed to talk during play?

Only when the ball is moving towards you in doubles. You could lose a point if you talk when the ball is going toward your opponent.

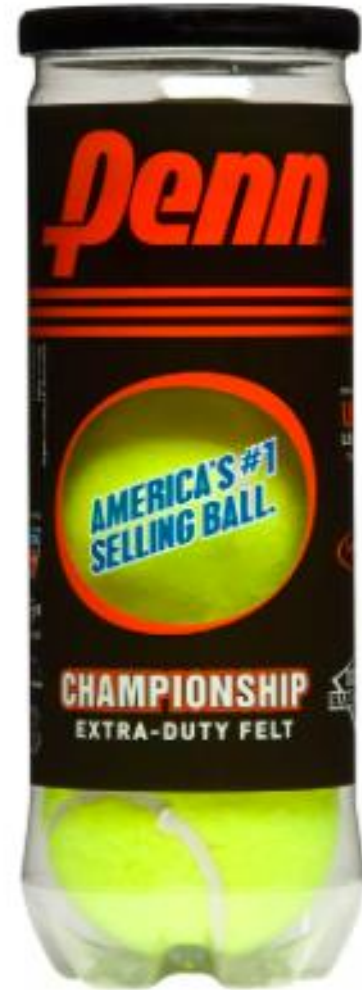
If any part of a ball touches a line, the ball is good. A ball 99% out is still 100% good. A player shall not call a ball out unless the player clearly sees space between where the ball hits and a line.

- If 99% out, it is 100% good



Home Team =

That is all!



WARM UP is not practice!

- Warm up is limited to 10 minutes.
- Enter the court ready to play!
- Why?



[How to: 5-Minute Warm-up Routine](https://youtu.be/qD879Py0e1o?si=wx0lHHqcS0yEAMWF)

<https://youtu.be/qD879Py0e1o?si=wx0lHHqcS0yEAMWF>



SOME BASICS...



1. All matches are to be played on the date and time listed in Tennislink (both captains can agree to play matches EARLY but cannot agree to play matches late.
2. Make sure your players are registered PRIOR to competing in a match.
3. Scores must be reported in TennisLink within 48 hours of match completion.
4. There are no rules or considerations for wind chill, heat index, or wind gusts.
5. Remember the time allotted during matches:
 1. Between points and games = 20 seconds
 2. Changover = 90 seconds with the exception of the first game of each set
 3. Between 1st and 2nd SET = 120 seconds
 4. Between 2nd and 3rd set match tiebreaker = 120 seconds
 5. Medical timeout = you are allowed a 3-minute break for a medical timeout and only one of these during a match per injury/illness.
6. 14-day match makeup period – this is from **original match date** and does not renew to makeup match date.
7. Make-ups: Once a match is rescheduled and confirmed by both captains (date, time, and location), the match cannot be changed unless it is cancelled due to weather. Get it in writing (email or text).

FACILITY REMINDERS

- Check with facility to confirm court conditions if weather is questionable. Don't assume a facility does not have playable courts.
 - One hour in advance of match!
- Court fees are due PRIOR to the start of your match in 1 payment for your team. Court fees vary at the facilities.
- If you are moving your match to another location, notify the facility 24 hours in advance. Please be considerate of the site committing to hosting ~ we need these sites!
- A list of facilities with addresses and contact information is included in your captain email packet and on Captains Corner webpage.
- Confirm location of matches in TENNISLINK the APP does not list facility name.



MATCH FACILITIES

- Spencer Love Tennis Center
- Latham Park Tennis Center
- Barber Park (Simpkins Indoor Tennis Center)
- Lake Jeanette Swim & Tennis Club
- Pinetop Sports Club
- Hamilton Lakes Swim & Tennis
- Sherwood Swim & Racquet Club
- Starmount Forest C C
- Asheboro Swim & Racquet Club (Asheboro)
- Forest Oaks Swim & Tennis (Forest Oaks)
- Olde Forest Racquet Club (Elon)
- Burlington Tennis Center (Burlington)
- Alamance Country Club (Burlington)
- Oak Hollow Tennis Center (High Point)
- Wesleyan Christian Academy (High Point)



GRIEVANCES

- Who can file a Grievance? **TEAM CAPTAIN.**
- What is the timing to file a grievance? Must be filed prior to the team playing their next match in the league.
- In the event of a grievance to be filed during a playoff match, the team captain has 30 minutes after the completion of the match to notify the LLC of the grievance.
- How is the Grievance handled? Submit your request to file a grievance to the LLC and **submit filing payment of \$100**. LLC will send all necessary forms and walk the captain through the process.
- Local Grievance Committee hears the grievance.
- All parties involved receive all communications and information related to the grievance.
- The USTA Suspension Point System will be used to assess point against ANY parties involved in the grievance.
- If grievance is upheld, filing fee payment is returned.
- If grievance is dismissed, funds will be donated to NC Tennis Foundation.

USTA LEAGUE GRIEVANCE

Captains and coordinators should review and be familiar with Section 3.00 of the USTA League Regulations, with particular attention to Sections 3.03A, 3.03B, 3.03D, 3.03E and 3.04.

3.03(A) A grievance against an individual or team may only be filed by the team captain of the team who has accepted in the match where the alleged violation occurred. All grievances must be filed within 30 minutes of the completion of the match except for Administrative Grievance, Eligibility Grievance and NTRP Grievance which may be filed as stated in Regs. 3.03(A), 3.03(D), 3.03(E) and 3.03(F).

3.03(B) Any grievance alleging a violation by an individual or team during local league competition shall be filed with the Local or District League Coordinator or League Playing Committee. The grievance will be filed prior to the completion of the match where the violation occurred or, if the violation occurred after the match, within 30 minutes after the match. It shall be filed with the Local or District League Coordinator or League Playing Committee for Administrative Grievance (See Reg. 3.03(A)), Eligibility Grievance (See Reg. 3.03(D)) and NTRP Grievance (See Reg. 3.03(F)).

3.03(C) Upon receipt of the grievance, the Local or District League Coordinator or League Playing Committee shall notify the Chair of the appropriate League Grievance Committee or other Committee designated in these USTA League Regulations by the parties against whom the grievance has been filed.

3.03(D) Any grievance regarding failure to meet eligibility requirements may be filed by a team captain, league coordinator or member of a Championships Committee at any time.

3.03(E) Any grievance alleging a violation during championships competition shall be filed with and delivered to the rules official, referee or designee prior to the match or within 30 minutes of the completion of the match, except for Administrative Grievance, Eligibility Grievance, NTRP Grievance or other grievance which may be filed after the match. It shall be filed with the Local or District League Coordinator or League Playing Committee for Administrative Grievance (See Reg. 3.03(A)), Eligibility Grievance (See Reg. 3.03(D)) and NTRP Grievance (See Reg. 3.03(F)).

3.03(F) At the time a grievance is filed, a copy of the grievance should be filed to the Championships Committee for the parties against whom the grievance has been made.

3.03(G) A grievance regarding failure to meet eligibility requirements may be filed by a team captain, league coordinator or member of a Championships Committee at any time.

3.03(H) Any league coordinator, coordinator or member of a Championships Committee may file an NTRP Grievance. NTRP Grievances may be filed against a player at any time up to 60 hours after the completion of the Section Championships of the player's team, whether or not the player participated. NTRP Grievances shall be filed by the player and the local/District League Coordinator or League Playing Committee. NTRP Grievances shall be administered by the Section League NTRP Grievance Committee.

3.03(I) Any league coordinator, coordinator or member of a Championships Committee may file an NTRP Grievance. NTRP Grievances shall be filed in writing with the local/District League Coordinator or League Playing Committee at any time up to 60 hours after the completion of the Section Championships of the player against whom the NTRP Grievance was filed. NTRP Grievances will not be accepted as formal Grievance filings.

Grievance Filed Against

Name/Title: _____ Title: _____

League Division: _____ NTRP Level: _____

Team Name: _____ Position Played: _____ Team Captain: _____

Local League: _____ District/Area: _____ Section: _____

GRIEVANCE FILED BY:

Name/Title: _____ Date: _____ Time: _____

Local League: _____ District/Area: _____ Section: _____

Type of Grievance:

General Grievance (3.02A) Eligibility Grievance (3.02 D)

Administrative Grievance (3.02B) NTRP Grievance (3.02E)

USTA

USTA LEAGUE SUSPENSION POINT SYSTEM 2024 - 2/6/24

Type	Violation	Suspension Points	Player
General	Changing the line-up after it has been presented/exchanged	2 - 4	Player
	Failing to comply with a USTA League Regulation or Guideline or Championship Procedure		
Sportsmanship (Player)	Equipment Abuse (e.g., throwing racket, hitting balls out of the court)	2 - 4	Player
	Unsportsmanlike Conduct/Violations of The Code or inappropriate conduct (e.g., intentional/retaliatory bad line calls, refusing to call out the score, "quick" serving, stalling, feinting, grunting, tanking/not using best efforts to win; obscene/profane language or gestures)	2 - 4	
	Unsportsmanlike conduct or inappropriate conduct by a player while the player is still in the playing area but not during a match, if the conduct would have resulted in a code violation had it occurred during the match	2	
	Unsportsmanlike conduct or inappropriate conduct off court by a player regardless of location or medium. This includes, but is not limited to, conduct at League match sites, League activities, hotels or other housing, and all forms of communication, including online medium or otherwise.	2 - 4	
	Flagrant unsportsmanlike conduct or flagrant inappropriate conduct (e.g., hitting balls at opponent or spectators, threat of physical violence, destruction of property) regardless of location or medium. This includes but is not limited to conduct at	2 - 4	
		R - 10	

QUESTIONS...

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Sportsmanship



USTA PLAYER PROMISE:

I recognize that tennis is a sport that places the responsibility for fair play on me. I promise to abide by the rules of the game, which require me to give the benefit of the doubt to my opponent.

At all times I shall strive to compete with the true spirit of sportsmanship, recognizing that my behavior on the court is a direct reflection of my character. Whether this match ends with my victory or defeat, I promise to conduct myself in a way that honors my opponents, my team, those who support me, and the game of tennis.

LET'S PLAY



- **Remember Court Etiquette**
- **Be welcoming to our new players**
- **Play fair & be sportsmanlike**
- **Remember we are all GUESTS**
- **Be Responsible**
- **Be Respectful**
- **Be Safe**

- *Do not leave valuable in vehicles*



Thanks for
Captaining



GO Piedmont!



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